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## IT'S GAMES OVER

Rosie MacLennan, right, who won a gold medal for Canada in trampoline, and trampolinist Karen Cockburn sit above the crowd as they celebrate with the Canadian Olympic team at the closing ceremony of the 2012 Summer Games in London on Sunday. More coverage, pages 20-22.

SEAN KILPATRICK/THE CANADIAN PRESS

# Cabbies plan to strike

**Taxi turmoil.** Months of fruitless negotiations led drivers to opt for last resort, union says



**HEATHER MCINTYRE**  
 heather.mcintyre@metronews.ca

Rather than picking up fares Monday, a number of Edmonton taxi drivers may be on strike.

The union that represents 800 drivers with Edmonton Taxi Service Group members Yellow Cab, Barrel Taxi, Checker and Prestige Cabs served notice Friday. The picket line will form at the corporate head office on 101 Street and 31 Avenue at 9 a.m.

Union rep David Froelich said the biggest concern is the franchise fee, also known as

an insurance surcharge or accident penalty. On top of weekly rent to cover the premium for fleet insurance, cab drivers are charged \$6,200 for each accident deemed preventable, he said. "We all have to have insurance to drive ... but no (way) are we going to have to pay \$6,000 for each accident," said Froelich.

Edmonton Taxi Service Group president Phil Strong said decreasing the fee would mean wage cuts. "They would never think of telling that to their own members, so why should we be singled out for that?" he said. Strong expects less than 10 per cent of drivers to strike, while Froelich suspects the majority will.

The union has planned a rally at city hall for Tuesday at noon.

Follow Heather McIntyre on Twitter @Metro\_Mac



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**Soldier's fall**

## First-time British skydiver injured in Beiseker jump

A 25-year-old British soldier suffered a broken femur while performing his first jump during skydiving training in Beiseker on Saturday.

"The jumper left the airplane and his parachute opened as per normal," said Ian Flanagan, owner of Alberta Skydivers Ltd., a facility where the British military regularly trains.

"At some point in his descent, the instructor on the ground who was speaking to him by radio asked him to do a 360-degree turn. He started the turn and then just never stopped."

The soldier was not an experienced skydiver, Flanagan said, and was actually attempting his first jump. As of Sunday morning, Flanagan said the soldier remained in hospital with a broken femur but his injuries were not considered life-threatening and "his prognosis is good."

ROBSON FLETCHER/METRO

**Greek restaurant**

## Opal! Car crashes through window

The term drive-thru took on a whole new meaning for a south-side Edmonton restaurant over the weekend.

A Honda sedan crashed through the front window of Opal! Souvlaki of Greece in the Old Strathcona/Whyte Avenue area just after midnight on Sunday, said police. The restaurant is located at 8209-104 St.

There were no injuries, according to police.

Police have not said yet if alcohol or speed was a factor in the crash, only noting that the cause of the accident is under investigation. **METRO**



The view of the Edmonton Folk Music Festival main stage, as well as the city's skyline, from halfway up the hill in Gallagher Park on Sunday. HEATHER MCINTYRE/METRO

# Folk fans relish 'perfect' festival

**33rd annual.** Weather and talent top-notch for sold-out festival



HEATHER MCINTYRE  
heather.mcintyre@metronews.ca

For the estimated 90,000 people who laid down tarps in Gallagher Park over the weekend, the Edmonton Folk Music Festival "was just about perfect," said producer Terry Wickham.

Standing near the main stage Sunday afternoon, Wickham reflected on the 33rd annual festival, featuring Bonnie Raitt, Emmylou Harris, Ricky Skaggs and more on multiple stages Thursday through Sunday.

"The weather was great, the talent was great, and I

think Edmonton shows itself off to the world very well on a weekend like this," he said.

Wickham estimated attendance at about 22,500 each day, and while he would like to shrink that number, it wouldn't be an easy task.

"There are already many people who try to get tickets that can't, so all we really can do is distribute the tickets as fairly and efficiently as possible," he said.

"We're turning down 100 for every one we take," said Wickham.

Some of Wickham's personal weekend highlights include the Barr Brothers, Skaggs, Harris, James Vincent McMorrow and Mary Chapin Carpenter.

"I don't get a lot of surprises on the music side of things," he said. "There's no one that disappointed me, but I didn't think they would."

**'Jim Cuddy you are perfect!' and other Twitter responses**



**@jasonkonoza:** Being transported to Maui by the Masters of Hawaiian Music. Simply beautiful. #efmf2012

**@bronwynnirvine:** @wollonwolves Friday concert. #handsdown #efmf2012

**@alisonborealis:** Oh, Jim Cuddy, you are perfect! #EFMF #efmf2012

**@yerichuk:** Ladysmith Black Mambazo, @ADtheBAND, and Dr. John in one day. Somebody pinch me. #efmf2012

**@rosecousins:** Sitting at the top of a ski hill in Edmonton amongst twinkling candles with the city skyline beyond. This - incredible. #thankful #efmf2012

**@staceybroetzl:** Corb Lund is on. Perfect night. Not hot. No mosquitoes. Obviously Mother Nature loves us #EFMF2012

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# 'He was my life,' says wife of slain peace officer

**Appearance.** Accused in beating death to make first court appearance Monday



**JEREMY NOLAÏS**  
Metro in Calgary

Lolita Lazenby spent her last hours with her husband as she had spent much of the past 20 years.

"We laughed a lot," she recalled. "We always enjoyed conversation with each other. He had a great sense of humour ... he was the soul of the party."

Her husband, Rod Lazenby, a former RCMP member who was working as a Municipal District of Foothills peace officer, was allegedly beaten by the operator of a Priddis dog ranch while attending to an animal-related complaint call Friday.

RCMP said Rod, 62, was then driven to a district office in Calgary by his alleged assailant. From there he was rushed to hospital but died.

The night before he died, Rod had been busy discussing plans for the future with Lolita, whom he married 20 years prior. The couple had recently moved to Alberta to be closer to family — together, they had five children with some from previous marriages.

Some of the kids and other members of what Lolita describes as a "big



Rod and Lolita Lazenby are seen in this recent photo. A former RCMP member working as a peace officer in the Municipal District of Foothills, Rod Lazenby was allegedly beaten to death by the operator of a Priddis dog ranch Friday. LOLITA LAZENBY/CONTRIBUTED

family" have now gathered to grieve at her home in High River.

Daughter Lolina Lazenby said though Rod wasn't her biological father, he treated her like one of his own.

"He had an ability to make others feel at ease

with him," she said.

Arrangements for a funeral have yet to be made as the body will not be released until an autopsy is performed Monday.

"I want to see my husband so badly," Lolita said. "He was my life."

## Lethbridge

### Residents dealing with racist graffiti

People in southern Alberta are busy cleaning up racist and homophobic graffiti that appeared overnight on many of their homes, garages, fences and cars.

Police in Lethbridge say the graffiti referenced several ethnic groups and also contained obscenities.

Two of the spray-painted messages also say "White Nation" and "White Power."

Police say that while the graffiti is extremely offensive, there is nothing to suggest that it was directed at any particular person or property.

THE CANADIAN PRESS

## 'The Chad Tape'

### Guitarist's music set to live on

Calgarian Chris Reimer, former guitarist for the band Women, passed away earlier this year. But his friends are working to ensure his music lives on.

After his death in February, Reimer's girlfriend Rena Kozak discovered a folder on his computer labelled "The Chad Tape" and decided to move forward with the uncompleted project.

Fellow musician and friend Chad VanGaal acquired a cassette duplicator and offered to reproduce some of Reimer's solo material to create a cassette that will be given out to friends.

CANDICE WARD/FOR METRO

## Case update

- Trevor Kloschinsky, 46, has been charged with first-degree murder in the beating death of Rod Lazenby. He is scheduled to make a court

appearance Monday morning.

- For more on this story, head to [metronews.ca/calgary](http://metronews.ca/calgary).

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# Residents describe terror and panic as quakes hit Iran



A victim of Saturday's earthquake makes her way on the ruins of buildings in a village near the city of Varzaqan in northwestern Iran, Sunday.

MAHSA JAMALI/MEHR NEWS AGENCY/THE ASSOCIATED PRESS

**Heavy toll.** Searches for survivors called off with more than 250 dead, 16,000 left homeless

Residents of the zone in northwestern Iran hit by powerful twin earthquakes described moments of terror and panic with birds crowing loudly in warning seconds before the ground shook.

As the death toll rose Sunday to more than 250 with entire villages levelled, rescuers called off searches for survivors and turned their attention to caring for the 16,000 people left homeless. At least 20 villages were totally destroyed in the quakes on Saturday that were followed by some 36 aftershocks, state television reported.

Ahmad Reza Shajiei, a senior government official in charge of rescue operations, said more than 5,000 tents have been set up to shelter the thousands of displaced who

spent the night outdoors.

"The walls were shaking and moving from side to side. It took about a minute before I could run out of the house," said resident Morteza Javid, 47, from Ahar. "Seconds before the earthquake, crows were making a lot of noise, but I didn't understand why. It was only after the quake that I learned the crows were warning us."

State television said at least 250 died. The semiofficial Mehr news agency quoted a local official who put the toll at 277. State TV said 44,000 food packages and thousands of blankets have been distributed in the stricken area. The U.S. Geological Survey (USGS) reported that Saturday's first quake was magnitude 6.4 and struck 60 kilometres northeast of the city of Tabriz at a depth of 9.9 kilometres. State TV quoted local Crisis Committee chief Khalil Saei as saying the epicentre was a region between the towns of Ahar and Haris, about 600 kilometres northwest of Tehran.

THE ASSOCIATED PRESS

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### Matehuala

#### Gunmen kill Mexican mayor-elect

Police say gunmen have shot down the mayor-elect of a town in San Luis Potosi state and a campaign adviser while they were riding in a vehicle with another person.

The local public-safety secretary says Matehuala mayor-elect Edgar Morales Perez and aide Francisco Hernandez Colunga were returning from a birthday party when they were ambushed early Sunday in the town. Hernandez Colunga's wife was also in the car but survived the attack. The assailants remain at large.

THE ASSOCIATED PRESS

### Persian Gulf

#### Navy ship collides with oil tanker

A U.S. navy-guided missile destroyer was left with a gaping hole on one side after it collided with an oil tanker early Sunday just outside the strategic Strait of Hormuz.

The collision left a breach about 10 feet by 10 feet in the starboard side of USS Porter. No one was injured on either vessel, the U.S. navy said in a statement. THE ASSOCIATED PRESS

### Poland

#### Man questioned in Auschwitz theft

A 66-year-old Italian man has been released without being charged after he was questioned over the alleged theft of a piece of barbed wire from Auschwitz museum, Polish police said Sunday.

Krakow police spokesman Mariusz Ciarka said the man was detained at Krakow airport in Poland's south on Saturday after the wire was found in his luggage, but was released after he led police to the area from where the 30-centimetre piece came.

THE ASSOCIATED PRESS

### Caribbean

#### Rains flood Dominica airport

Rains from a passing tropical wave have flooded an airport and knocked out power to roughly 3,000 people on the eastern Caribbean island of Dominica.

The National Hurricane Center in Miami said Sunday that the tropical wave is moving away from the Lesser Antilles Islands and heading westward at 32 kph. The tropical system could arrive in Mexico's Yucatan Peninsula by Wednesday.

THE ASSOCIATED PRESS

## U.S. Experts target guns as social disease

Is a gun like a virus, a car, tobacco, alcohol? Yes, say public-health experts, who in the wake of recent mass shootings in the U.S. are calling for a look at gun violence as a social disease.

What is needed, they say, is a public-health approach to the problem, like the highway safety measures, product changes and driving laws that slashed deaths from car crashes decades ago. The need for a new approach crystallized last Sunday for one of the nation's leading gun violence experts, Dr. Stephen Hargarten. He found himself treating victims of the Sikh temple shooting at the emergency department he heads in Milwaukee, Wis.

Seven people were killed, including the gunman, and three were seriously injured.

It happened two weeks after the shooting that killed 12 people and injured 58 at a movie theatre in Colorado, and two days before a man pleaded guilty to killing six people and wounding 13, including then-U.S. Rep. Gabrielle Giffords, in Tucson, Ariz., last year.

"What I'm struggling with is, is this the new social norm? This is what we're going to have to live with if we have more personal access to firearms," said Hargarten.

THE ASSOCIATED PRESS



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# Wildfires threaten Cyprus, national treasures in Spain

**Parks and historic sites in danger.** Blazes on Canary Islands may endanger woodlands 11 million years old, tourist destinations

Fierce wildfires forced the evacuation of thousands of residents and were threatening some of Spain's most precious natural parks, including one that is a UNESCO World Heritage Site, officials said Sunday.

Fires on the Canary Islands of La Gomera and Tenerife led to the evacuation of more than 4,000 residents beginning late Saturday.

By mid-afternoon Sunday, residents were still not allowed to return to 18 towns and villages that had been evacuated, eight on the popu-



People watch as brushfires rage in Southern Cyprus's Larnaca district.  
PETROS KARADJIAS/THE ASSOCIATED PRESS

lar tourist island of Tenerife and 10 on La Gomera, the government said.

Officials said there was evidence the fire on La Gomera was started deliberately.

At the heart of this island lies Garajonay National Park, which experts say contains woodlands that have survived since the Tertiary age, 11

million years ago. Garajonay was declared a World Heritage Site by the UN cultural agency in 1986 and is a very rare example of the type of humid subtropical forest that once covered almost all of Europe before the arrival of humans.

Meanwhile in Cyprus, authorities have ordered the evacuation of a small hillside village near the island nation's southern coast as a large brushfire continues to rage out of control.

Larnaca district officer George Antoniadis told state broadcaster CyBC that the evacuation of Skarinou is strictly precautionary as the fire has still not encroached on village homes.

The blaze started Sunday afternoon and spread quickly because of strong winds, scorching many hectares of trees and wild brush.

THE ASSOCIATED PRESS



## Where the buffalo run

Drivers hold on tight during a buffalo race in Jembrana, on the island of Bali in Indonesia on Sunday. More than 300 buffaloes participated in the "mekepong" (buffalo race), a traditional thanksgiving ritual after a successful harvest.

FIRDA LISNAWATI/THE ASSOCIATED PRESS

### Syria

## Opposition calls for no-fly zone

The head of Syria's main opposition group in exile called Sunday for international powers to impose a no-fly zone in border areas to protect civilians who are coming under increasingly intense attacks by regime

warplanes.

The president of the Syrian National Council, Abdelbaset Sieda, renewed the plea a day after U.S. Secretary of State Hillary Rodham Clinton said Washington and Turkey were discussing a range of steps including a no-fly zone over some parts of Syria as the regime uses its air force to attack rebels.

THE ASSOCIATED PRESS

### London

## U.K. PM to host hunger summit

British Prime Minister David Cameron and Brazil's vice-president, Michel Temer, will host a Global Hunger Event Monday in London, in the hopes of finding new ways to tackle malnutrition.

THE ASSOCIATED PRESS



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## Jack Layton. Olivia Chow welcomes chance to tell late husband's story



**SHANE GIBSON**  
Metro in Winnipeg

She knew Jack Layton better than anyone else in the world, and this past weekend Olivia Chow was in Winnipeg to visit those involved in a movie being filmed about Layton's life.

"Some parts of it are painful and some parts are joyous," said Chow on set at the Manitoba Legislative Building Sunday, which is doubling as the House of Commons for *Smilin' Jack: The Jack Layton Story*.

"It's the story of an ordinary person being able to ... make a bit of difference in the everyday life of people. I think it's a story that needs to be told," said Chow.

The MP has spent time in Winnipeg meeting the cast — including Sook-Yin Lee, who is portraying her, and Rick Roberts, who's taking on the role of her late husband.

Chow said she worked closely with the writer, producers and director of the movie set to air on CBC next



Actor Sook-Yin Lee, left, meets Olivia Chow. SHANE GIBSON/METRO

year.

She even met with Lee and Roberts to help coach them on their roles.

Some scenes will be easier to watch than others, said Chow, admitting a hospital scene depicting the end of Layton's life, set to be shot Monday, will be emotional.

"I don't know how I will handle that — it will probably be pretty traumatic," she admitted.

Despite the ups and downs of the process, Chow said she's very glad Layton's story is being immortalized on film.

"It was difficult but I welcomed it," she explained. "I want Jack's spirit of hope and optimism to continue."



## Steadily winning hearts for nine decades

A young crowd surrounds Gus the tortoise as he takes a walk on the lawn of the Museum of Natural History in Halifax during his 90th birthday celebration on Sunday. Cake and lemonade were provided to the kids, while Gus feasted on organic blueberries and strawberries. Museum staff say Gus may be the oldest living gopher tortoise — they believe he hatched between 1920 to 1925. THE CANADIAN PRESS

### Immigration

## Chinese citizens pressure P.E.I. for refunds

Chinese citizens who gave money to Prince Edward Island's troubled immigration-nominee program say they're angry they haven't been refunded, two years after Ottawa rejected their visa applications.

Qiu Chuanbo, 47, said in an interview that he is owed close to \$91,000 after giving money to the program. THE CANADIAN PRESS

### New research

## 'Drunkorexics' at greater risk: Study

So-called "drunkorexics" are more likely to engage in unprotected sex and excessive drinking than their peers, says a Simon Fraser University researcher.

Grad student Daniella Siekaran found that 40 per cent of those who drink alcohol also diet. The phenomenon, called "drunkorexia," sees mostly women skipping meals so they can drink and not gain weight.

ELIZABETH HAMES/FOR METRO

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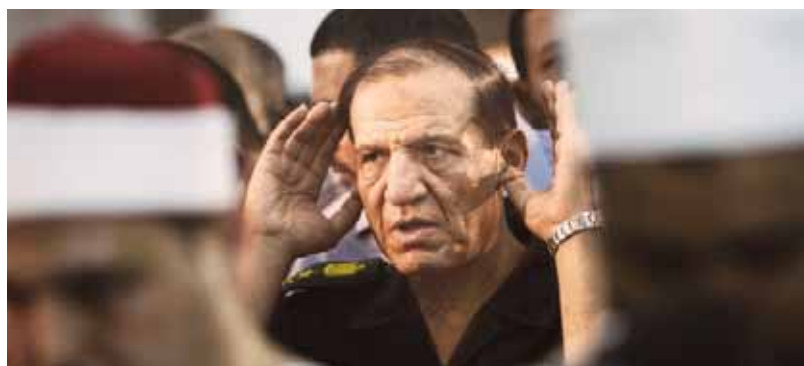
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Egyptian armed forces Chief of Staff Sami Anan performs prayers for the 16 Egyptian soldiers who were killed in Cairo on Aug. 5. The spokesman for Egypt's president says Mohammed Morsi, the country's Islamist leader, has retired the minister of defence and chief of staff. AMR NABIL/THE ASSOCIATED PRESS

# Morsi shakes up military brass

**Egypt.** Islamist leader appoints senior judge Mahmoud Mekki as vice-president

celled the military-declared constitutional amendments that granted the top generals wide powers previously reserved for the head of state.

Morsi appointed outgoing Defence Minister Field Marshal Hussein Tantawi and Chief of Staff Gen. Sami Anan as presidential advisers.

Morsi also ordered the retirement of the commanders

## Incoming VP

Mahmoud Mekki is a pro-reform judge who publicly spoke against election fraud during Hosni Mubarak's 29-year rule before last year's uprising.

of the navy, air defence and air force. **THE ASSOCIATED PRESS**

Egypt's Islamist president Mohammed Morsi ordered the retirement of the defence minister and chief of staff on Sunday and can-



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## Online piracy. Google cracks down on repeat copyright offenders

Google is altering its search results to de-emphasize the websites of repeat copyright offenders and make it easier to find legitimate providers of music, movies and other content.

The move is a peace offering to Hollywood and the music recording labels. This year, Google joined other Silicon Valley heavyweights to help kill legislation that would have given government and content creators more power to shut down foreign websites that promote piracy.

The Motion Picture Association of America issued a lukewarm response, saying it was "optimistic" the change would help steer consumers away from piracy.

"We will be watching this development closely — the devil is always in the details," MPAA senior executive president Michael O'Leary

said in a statement.

Next week, Google will start using "valid copyright removal notices" to rank its search results, according to a Friday blog post by Google's senior vice-president of engineering, Amit Singhal.

Google typically ranks websites based on how many other sites link to them, on the belief that sites that get more links are more trustworthy and useful. But Google also regularly tweaks its formulas to reflect special circumstances.

In this case, sites with high numbers of copyright-removal notices may get bumped down in rankings. In effect, that will help users find legitimate sources of content without removing any pages from its results completely. Google did not elaborate on what it considers to be valid notices.

THE ASSOCIATED PRESS



Google announced Friday that it will start using "valid copyright removal notices" to rank its search results starting this week. JUSTIN SULLIVAN/GETTY IMAGES

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Olympic volunteers like Samuel Head, seen here helping with crowd control on Friday in London, show England's banks that "motivation does not come from financial incentives alone," said Bank of England governor Mervyn King. JEFF J. MITCHELL/GETTY IMAGES

# Banks can learn from Olympics: BoE head

## Sporting spirit.

Mervyn King suggests Britain's financial sector would do well to borrow from London 2012's playbook

Britain's scandal-tainted bankers could learn a thing or two from the country's athletes after these Olympics, the country's central banker says.

In a newspaper editorial Sunday, Mervyn King wrote that the London Olympics showed it was wrong to argue that massive bonuses were needed to motivate people to

do well.

King said the success of Olympians and the pride of the 10,000 volunteers at the Games showed that "motivation does not come from financial incentives alone."

"The financial sector has done us all a disservice in promoting the belief that massive financial compensation is necessary to motivate individuals," he wrote in the Mail on Sunday.

"Look at the success of the volunteers whose presence at the Olympic Park and around London did so much to create the atmosphere of happiness that pervaded the games."

The recent scandals that have rocked Britain's financial world showed that

## Quoted

"Banks could learn a thing or two about fair play from the Olympic movement."

Mervyn King, Bank of England governor

"banks could learn a thing or two about fair play from the Olympic movement," he said.

King's comments come as the reputation of Britain's banking industry — which took a body blow during the global financial crisis — has

hit new a low.

British banks have long been in the dock over mis-selling of insurance and interest-rate products to consumers and small businesses. But more recent scandals have provided new shocks.

King isn't the first to argue that British Olympians — who are basking in the glow of a huge haul of gold medals — could set an example for other sections of society.

England manager Roy Hodgson said Saturday he wanted the country's soccer players to behave more like Olympians, underscoring fans' unhappiness with a "season of shame" marred by two high-profile racism cases.

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# WHEAT BOARD NO LONGER REAPS WHAT IS SOWN



**URBAN COMPASS**  
Paul Sullivan  
edmonton@metronews.ca

Attention Urban Compass readers.

The biggest farm story of the last two centuries is unfolding.

In case you're wondering why this is a matter for Urban Compass, it's more than a farm story — it's the story of Canada. We've just crossed an enormous line and our future course is set. Now all we can do is see what happens.

I can't believe I'm writing the obituary of the Canadian Wheat Board. I never thought it would happen. It was the first story I covered on my first job as a journalist back in 1975.

Since it was established in the depths of the Dirty Thirties, the wheat board defined your world view as a farmer. It was passed down from one generation to another. Or it created a generation gap: Board dad versus free-market son.

Was it better to send your wheat and barley to the board and wait for the cheque that would sustain you through the winter, allow you to invest in new seed and equipment, and go at it all over again in the spring? Or

## Defining generations

**"Established in the depths of the Dirty Thirties, the wheat board defined your world view as a farmer."**

was it better to take your chances with the private grain companies, seek out the best markets and then grow the most competitive varieties?

The debate was hot and heavy in 1975, and now, 37 years later, it's hotter than ever. Ending the

wheat-board monopoly, effective Aug. 1, is really the most radical thing the Harper Tories have done, never mind sideshows like the gun registry or the omnibus crime bill. This is the real thing. Real Change.

Of course, despite the historic load of CO2 released into the atmosphere as a result of this debate, nobody knows what's going to happen. Either this will have as much or more impact on Prairie life as rail-branch line abandonment or it will pass into history unnoticed by everyone who doesn't produce wheat or barley for a living.

Certainly, for farmers who are about to reap what promises to be a bumper crop at record prices, the loss of certainty is less important than it was during those times when the crops were wiped out or they couldn't give their wheat away. That cheque, sometimes smaller than expected, has always been there.

Not anymore.

As farmers don't know the meaning of the word "quit," eight of the farmer-elected board members threaten to take the Tories' decision all the way to the Supreme Court. Who knows? Maybe it is unconstitutional to put a bullet through the head of the wheat board. But I doubt it. By the time the nation's highest court renders a decision, the nation's bread basket will have been permanently altered and that epic page will have been turned for good — or not.



Ripe for the picking: A bumper wheat crop. CHRISTOPHER FURLONG/GETTY IMAGES

# What a little Barry White can do



GARETH FULLER, PA/THE ASSOCIATED PRESS

## Flamingo babe

### Sexy crooner aids breeding birds

A two-week-old unsexed Chilean flamingo is encouraged from its nest by its mother Gabriella, centre, as its father Maurice stands guard at Drusillas Park in Alfriston, southeast England, on Friday.

Earlier in the year, Barry White songs were played to the birds to encourage breeding.

THE ASSOCIATED PRESS

## The mating game

- Chilean flamingos live in large flocks in the wild and require crowded conditions to stimulate breeding.

- During breeding season, males and females display a variety of behaviours to attract mates, including head flagging — swivelling their heads from side-to-side in tandem — and wing salutes, where the wings are repeatedly opened and closed.

- Males and females co-operate in building a pillar-shaped

mud nest, and both incubate the egg laid by the female.



- Upon birth, the chicks have gray plumage; they don't gain adult coloration for two to three years.

- Both male and female flamingos can produce a nutritious milk-like substance in their crop gland to feed their young.

Source: Lincoln Park Zoo

## With a leg to stand on

### 1

The Chilean flamingo often stands on one leg, tucking the other beneath its body to preserve body heat.

With tall, thin legs and a long, flexible neck, the Chilean flamingo can reach up to 40 inches in height.

What appears to be the bird's knee is actually its ankle — the joint bends backward rather than forward.

# Alberta artists, show us the things that make this province special

## News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

Our communities are full of artistic, creative and talented minds.

Sometimes, these minds have an opportunity to express and showcase their unique work.

Local Art Scenes, an online community gallery, gives emerging and established artists the opportunity to list, sell and showcase their art, whether it be digital, mixed media, photograph, painting or sketch.

The only stipulation?

Each piece must artistically showcase the artist's province, city, town, village or neighbourhood.

Visitors to the Local Art Scenes website can browse creations by city and as it stands, only two pieces of art depicting Alberta have been submitted.

So, whip out that pencil, canvas or camera, head out

into your community and start creating!

Show the world the beauty of Alberta.

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to [goodnews@metowe.com](mailto:goodnews@metowe.com) and we'll share them right here.



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# All stunts, no doubles as these stars earn their stripes

## Boot camp reality.

Celebrity recruits are put to the test in new TV series that has them competing in army-style events against seasoned pros

Starting this week, you can watch actors and actresses leap from buildings and battle armies of invaders, emerging victorious and unscathed. Viewers may chalk it all up to stunt men and women and digital special effects. Today's pampered celebrities wouldn't survive five minutes in a real combat zone, right?

Take that back, soldier. Eight celebrities set out to prove that they really do have what it takes to be real-life responders in the boot camp reality series *Stars Earn Stripes* (premiering Monday at 8 p.m. ET on NBC, 9 p.m. on Global).

The celebrity recruits were on hand to meet the press at the recent TV critics tour in Los Angeles, including boxer Laila Ali; former TV Superman Dean Cain; actor and former NFLer Terry Crews (now on *The Newsroom*); *The Sing Off* host Nick Lachey; Alaskan outdoorsman and political spouse Todd Palin; *Biggest Loser* trainer Dolvett Quince; former Winter Olympian Picabo Street; and WWE diva Eve Torres.

Posters for the series, showing the gun-toting celebs running next to the slogan, *They're Not in Hollywood Anymore*,



These celebrity recruits have set out to prove they have what it takes to be real-life responders. HANDOUT

give it a *Tropic Thunder* vibe.

Jack Osbourne was apparently hoping to earn his "Stripes" until news emerged that he was diagnosed with multiple sclerosis. Executive producer David Hurwitz admits Osbourne was in talks to join the series but "prior to us making our decision, it was found out that the rigours of the show were too intense for him." Mom Sharon disagrees

and has announced that she is leaving NBC's *Got Talent* as a result.

A few of the celebrities who made the cut almost wished they hadn't. The series was shot over a few weeks at the beginning of this summer. The eight celebs had to compete in actual army-style events against eight real life Special Operatives, including former Navy SEALs, army special forces Green

Berets, SWAT commanders and a current member of the Orange County sheriff's department.

"I thought this was going to be the same old corny military show where they've got the obstacle courses and BB guns," says former Navy SEAL Grady Powell.

"That was the farthest thing from *Stars Earn Stripes*. We're jumping out of helicopters.

## What about Sarah?

Todd Palin, Sarah Palin's husband, is used to hanging out in the shadows when it comes to the spotlight. But for *Stars Earn Stripes*, Sarah says she's happy to hand over centre stage to Todd. Todd is a "world champion snow machine racer, he's got all the physicality that's required, a lot of mental toughness too," said the former Alaska governor. "I'd have to do a whole lot of push ups," she said, adding "politics are pretty brutal, too."

There are people crying. Might see me cry."

"There was a moment," adds Lachey, "when going through my mind is, 'What in the world have I gotten myself into here?'"

"I can say I almost drowned, and that is for real," says Crews. The fit and rugged actor quickly found out that having just five per cent body fat "don't work for swimming."

He felt one of the Ops grab him from the back of his pack and haul him out of a river as he was going down for the third time. "If this had been a real, live operation, I would have died. That is the truth."

Crews points out that this competition, in a way, goes against the whole notion of army training.

"The military is not a competition. In fact, your best soldier might die first."

THE CANADIAN PRESS

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Angelina Jolie and Brad Pitt. ALL PHOTOS GETTY IMAGES

## Pitt and Jolie spark much ado about nothing

Rumors raged this week-end that a party Brad Pitt and Angelina Jolie were throwing for Pitt's parents' anniversary at their French estate was actually a cover for the famous couple's wedding, with the Sun even confirming a guest list of about 20 people — including Jolie's jeweler.

But not only was there no wedding, there apparently wasn't even a party

for the elder Pitts, according to photo agency X17.

"We sent an X17 photographer all the way down to the south of France — it's pretty much in the middle of nowhere — to check out Brad Pitt and Angelina Jolie's chateau Miraval to see just what's going on," the agency gripes on its site about the move.

"There's nothing going on."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

## Perrypairing up with Mayer

THE WORD  
Amber Ray  
scene@metronews.ca



It looks like Katy Perry's got a type... tall, dark and grungy. After splitting with hubby Russell Brand last year, the Wide Awake singer now seems to be getting cosy with another member of the shower-averse club: John Mayer.

The two, who shared a dinner date earlier this month and have been spotted around Hollywood since, were recently snapped leaving a house party in Los Feliz, Calif., over the week-end, TMZ reports.

So is the Hollywood playboy who's been linked to a slew of A-list ladies, including Jennifer Aniston, Jessica

Simpson and Taylor Swift, Perry's new knight in shining armor?

"She's not talking like he's 'the one,'" a pal of Perry's tells People magazine. "She's comfortable around guys who understand the craziness of that world, which he definitely does."

If Perry has indeed found a man who understands her kind of world a technicolour dreamland with purple wigs and whipped-cream-spewing bras we can't help but wonder what John Mayer really has been putting in his pipe all these years.



Lindsay Lohan

## Lohan looking loco once again

Lindsay Lohan's bad behaviour at a recent birthday bash for pal Francesca Eastwood have friends scratching their heads — and worried the old Lohan is back, according to Us Weekly.

"Francesca was celebrating with around a dozen friends in a private area when Lindsay came over and started screaming that Francesca should leave," a source says.

"She was yelling, 'I'm a star, she's a nobody, get her out of here!'"

Security asked Lohan and her entourage to leave. But the birthday girl wasn't fazed by the display and was even nice about it.

"I'm not sure what exactly sparked Lindsay's outburst," Eastwood tells E! News. "Regardless, I still had an amazing night, and Parent Trap is still my favourite movie."

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Arts and Crafts

## Tie-dye without all the mess!

The kids will love these T-shirts you can make together. All you need is: Sharpie permanent markers, isopropyl rubbing alcohol, a medicine dropper and a cotton T-shirt.

1. Slide T-shirts onto card-

board so the ink won't bleed through to the back.  
2. Draw your design. Go crazy!  
3. Using the medicine dropper, squeeze out 10 drops of rubbing alcohol in the centre of your picture. Depending on the size of the image, you'll need about 10 drops and you can adjust as you go.  
4. Let dry (we used a hair dryer to dry them more quickly).  
5. Wear your amazing art.

SHARON DEVELLIS



Numbers before bed

## Math Lessons

New Jersey mom Laura Overdeck has devised a blog called Bedtime Math (bedtimemathproblem.org), which challenges kids to tackle a math problem before bed. The site offers a no-pressure approach to sharpening up numeracy skills. [YUMMYMUMMYCLUB.CA](http://YUMMYMUMMYCLUB.CA)

On the Web

Grandma is aghast that Mommy put you in a skull-and-crossbones onesie. It's not a gateway to gang membership — it was from Baby Gap! Follow along with the comedic (mis)adventures of mommyhood online at [metronews.ca/voices](http://metronews.ca/voices)



# What makes a mommy?

**Parenting.** One foster mom shares her thoughts on the coveted 'mom' title

KAREN ELLIOTT  
[YummyMummyClub.ca](http://YummyMummyClub.ca)

"So, you're not her REAL mother." I had to breathe deeply as I turned and walked away, with two-year-old Allie in tow.

I did not give birth to Allie. I'm her foster mother. I am the one who feeds her and clothes her; the one who gets up with her at night when she can't sleep; the one who cleans up spilled milk and crayon wall art — every single day.

And, yet, despite this, I'm not allowed to cut her hair, take her on vacation, sign school permission forms without signed letters of approval. I'm not her legal guardian — or even considered her parent.

So, who am I?

Every 90 days, I meet with Children's Aid and Allie's biological mother to discuss the type of care that I am providing.

I have to listen to this woman — who has never been a parent since Allie went straight to foster care at birth — and her wishes about how her child needs to be fed, clothed and parented.

How I need to take her to



Should children call their foster parents 'mom' and 'dad'? ISTOCK

a specific doctor, in another neighbourhood, an hour away, for checkups. How I need to go to a specific church on Sundays. How I have to dress her in pink more, so people don't think she's a boy.

And how I have to encourage her to call me something other than "Mommy."

Allie's biological mother has never been with her daughter for more than two hours at a time — and only in

an office where she is closely supervised.

"Mom" has never taken Allie to the park, given her a bath or put her to bed.

I'm the one teaching manners, surviving potty training and enforcing timeouts for bad behaviour.

Maybe one day, Allie will be able to return to her biological mother, but until that happens, I am the one who is parenting this little girl.

And until that time, "Mommy" is the only title I can see that fits.

And why wouldn't it? My own children call me mommy daily, why would I expect my foster children to call me something different?

No one in our house is treated differently. Everyone gets the same love and attention, eats the same food, and shares the same toys.

Last week, I drove Allie to

the Children's Aid office for her regular visit and a social worker walked Allie to the front door where her biological mom was waiting. I heard the worker say, "Look! It's mommy!" and then I saw Allie turn around, point to me and announce firmly, "DAT'S my mommy." I had to smile.

Raising a child is what makes you a parent. It has nothing to do with the uterus you came from.

On the Web



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# Wow guests with restaurant-style Rock Lobster Tacos

Bring professional chef-style creativity and taste to your kitchen with this chic take on fish tacos. They're the perfect small bite for your next summer soiree.

For an extra kick, add diced jalapeno peppers.

1. Cut lobster tails in half lengthwise (remove vein) and

## Ingredients

- 4 rock lobster tails, cooked
- 500 ml (2 cups) cubed watermelon (cut into 1-cm/1/2-inch pieces)
- 2 avocados, peeled and cut into 1-cm (1/2-inch) thick pieces
- 2 papayas, cut into 1-cm (1/2-inch) cubes
- 125 ml (1/2 cup) fresh coarsely chopped cilantro
- 125 ml (1/2 cup) fresh lime juice
- 15 ml (1 tbsp) honey
- 15 ml (1 tbsp) jerk seasoning
- Salt and pepper, to taste
- 8 to 10 taco shells
- 1 head iceberg lettuce
- 30 g (1 oz) shredded coconut



This recipe makes eight to 10 servings. THE CANADIAN PRESS H/O

cut into 1-cm (1/2-inch) thick pieces.

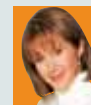
2. Combine lobster with watermelon, avocados, papayas and cilantro.

3. Pour lime juice into a small bowl and slowly whisk in honey and jerk seasoning. Pour over lobster mixture and refrigerate for 1 hour, stirring occasionally.

4. Divide lobster mixture among 8 to 10 taco shells and garnish with lettuce and coconut. **THE CANADIAN PRESS/NATIONAL WATERMELON PROMOTION BOARD, WATERMELON.ORG**

## Healthy eating

### Choose it and lose it



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Tim Hortons' chilled drinks are a Canadian staple during the summer. However, what they're made with makes all the difference.

### Medium mocha Iced Capp made with cream (14 oz)

410 calories / 16 g fat

Liquid calories are one of the culprits in excess weight and type 2 diabetes.



### Equivalent

This iced drink is equivalent to almost an 8 oz. New York Strip in calories.



### Medium Iced Capp made with chocolate milk (14 oz)

230 calories / 1 g fat

The chocolate milk eliminates the calories from the cream.



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# Coconut milk: Star of Pulled Chicken Tacos

Who knew coconut milk could be so confusing?

It shouldn't be. At heart, it's a delicious liquid made from coconuts (duh!) that can effortlessly add an exotically creamy richness to so many foods.

Except that grocers sell about half a dozen different products that go by the same or very similar names. And they aren't interchangeable.

Coconut milk beverage is a sweetened drink made from coconut milk and sugar. It's usually sold in boxes alongside soy milk. Coconut cream is a very thick, fatty liquid made from steeping shredded coconut in hot water at a 4:1 ratio. It is sold in cans, usually in the international aisle. Sweetened cream of coconut is coconut cream that has been sweetened. It's intended for cocktails.

Coconut milk is the real deal and the one you want for cooking. Coconut milk is made like coconut cream, but with a 1:1 ratio of coconut to water. The result is a thick product.

In Southeast Asia, Africa and even South America, coconut milk is used in curries, soups, sauces, even sweets, such as rice puddings and some baked goods. Here it's used to make Coconut-Lime Pulled Chicken Tacos.

1. Remove meat from chicken,



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

then use fingers to pull any larger chunks into bite-size pieces.

2. In a saucepan over medium heat, combine the chicken, coconut milk, cumin, lime zest and juice, and hot sauce. Simmer until heated through and thick. Season the chicken with salt and pepper, then remove from the heat. Stir in the cilantro, then divide the mixture between the tortillas.

3. Top each serving with diced onion and avocado. Serve.

THE ASSOCIATED PRESS

## Ingredients

- 2-lb rotisserie chicken
- 1 cup coconut milk
- 1/2 tsp cumin
- Zest and juice of 1 lime
- Splash hot sauce
- Salt and ground black pepper
- 1/4 cup fresh cilantro, chopped
- Eight 6-inch flour tortillas, warmed
- 1 small red onion, diced
- 1 avocado, peeled, pitted and sliced

# Back to school means back to sleep patterns

**Re-establishing a routine.** There are methods to retain normality after camps, summer vacations play havoc with your children's bedtimes

When her 12-year-old son returned from overnight camp earlier this summer, Ariana Birnbaum didn't wait long to re-establish his sleep schedule.

After three weeks away from home — where he hit the hay at least two hours later each night — Birnbaum was keen to bring Mason back in line with his regular sleep pattern.

Hours after Mason's lunchtime arrival from camp, the pair sat down and decided on a plan: he would head to bed 15 minutes earlier each night until he returned to his regular bedtime.

"It worked out well and I don't think he feels like all of a sudden he went to bed two hours earlier," said Birnbaum, founder of Becoming Maternity and Parenting

Centres in Toronto. "It's a much easier concept to accept if you do it in a smaller sort of increments."

Routine is a key sleep mantra for the mother of three — and not just for her own brood. Birnbaum runs group sleep workshops and one-on-one private sleep consultations.

While daughters Eden, 9, and Noa, 5 1/2, attended camp, Birnbaum said they didn't stray much from the regular night-time routine. But ahead of a two-week family holiday, she was bracing for their typically structured sleep schedule to get slightly off-track and was already gearing up to correct course when they returned — albeit gradually.

She has similar advice for fellow parents regarding re-establishing the sleep routine.

"I think easing into it, so starting a week or so before school's going to start, sitting down with the kids and say: 'School's going to be starting,

soon you're going to have to wake-up a lot earlier,'" said the 42-year-old.

"Then, slowly, making the bedtimes slightly earlier and going back to that routine that they had ... during school, where maybe things kind of loosened up. I think that works pretty well."

Jennifer Garden is founder of Sleepdreams, a Vancouver-based company



Ariana Birnbaum reads to her daughter, Eden Brown, as part of their bedtime routine. MICHELLE SIU/CANADIAN PRESS

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rough-housing or playing, and reading some books and singing songs."

Garden said other methods to help in the dozing-off process is to

keep darkened rooms at a cool temperature which helps to drop to Stage 1 sleep — the transition from wake to sleep. She said it's also important to establish the bedroom as a place strictly for catching zzzs.

"It's best if you're reading bedtime stories with kids that they're not lying down that they're sitting up, because again, you want their body to associate the position of sleep with lying down.

"It's the same thing with adults and bringing computers or laptops ... to bed. It's just

not advisable because your brain really can't settle down because it's expecting that it should be reading a book or watching TV when you're in that reclined position."

Garden said it's critical that parents and caregivers stick to the schooltime sleep plan, particularly during the first week back. She also advises parents to touch base with teachers to see if kids are experiencing any daytime sleepiness which may be an indicator of difficulty getting sufficient shut-eye.

Garden said kids in Grades one through five should be getting at least ten to 11 hours of sleep each night, but said studies find they're actually only getting about nine and a half hours.

"If sleep isn't going well as one of the (activities of daily living), none of the others are going to go well, either," she said.

"I see a huge role in terms of making sure that we can facilitate good sleep so that the rest of the day can go well."

THE CANADIAN PRESS

### Quoted

**"It's a much easier concept to accept if you do it in smaller sort of increments."**

Ariana Birnbaum, Founder of Becoming Maternity and Parenting Centres.

Giving advice on how to get kids back to their school-day routines after summer vacation.

specializing in sleep consultations for children. The registered occupational therapist says a pivotal tool in the sleeptime arsenal is having a wind-down routine prior to bed.

"TV — or screen time in general — is just flashing, blue (and) white lights and it's very stimulating to the brain," Garden said. "So if they can, move all of those pieces earlier and just have some quiet, settling-down time with no

# Getting over the shock of going back to work

JULIA  
WEST

Metro World News

Extended unemployment can make going back to work feel like diving into icy cold water — it can be a shock. But if you stick in one toe at a time, you'll get acclimated much sooner.

While you're getting your feet wet, make sure that you understand what you're getting yourself into. "Try to get a clear picture from your boss, before you start, of expectations for the first week, month and quarter. This way you can pace yourself right from the start," explains Caroline Ceniza-Levine, co-

### Quoted

**"Once you're back to work, don't be afraid to ask questions. Your co-workers and supervisors were new once too."**

Caitlin Day, Education and outreach manager at Career Wardrobe.

Explaining one of the best strategies for getting acclimated to a new workplace.

founder of SixFigureStart.

Splash around a little to explore your surroundings. "Once you're back to work, don't be afraid to ask questions," says Caitlin Day, education and outreach manager at Career Wardrobe. "Your co-workers and supervisors were new once too, and should be able to offer you tips on how to fit into your new environment

as well as answer questions about your role." It's expected that you rely on co-workers to help you understand the new position, so take advantage of their expertise.

Allow yourself time to focus on your new position without getting distracted by outside factors. Michael Timmes, HR specialist at In-sperity, suggests that you

"reach out to family and friends to let them know that your schedule is changing and that you may not be as accessible as you were when you were unemployed. Most people will understand that you're busy getting to know your new job and will afford you some extra space."

Good work!

Timmes makes another great point: Be proud of yourself.

"You found a new job, which is great. Be sure to recognize and celebrate your achievement." It's completely acceptable to ease your way back to work, rather than taking the plunge all at once.



Getting used to a new job after long-term unemployment can be daunting, but there are a few ways to help you adapt more quickly. ISTOCK PHOTO



Fashion designer Diane Kroe is enjoying her success more after altering her lifestyle and priorities. DIANEKROE.COM

# Designer Diane Kroe feels richer after she redefined 'successful'

**New plan.** Giving up just one part of her fashion business allowed her more time for family, other important parts of life



**THE IN-CREDIBILITY FACTOR**  
Teresa Krueze  
life@metronews.ca

Diane Kroe was a reluctant ballerina. At the age of 7 she was accepted into a prestigious ballet school but she found herself more excited about the costumes than dancing. Kroe followed her heart and after a remarkable rise through the fashion world, she became an in-demand clothing designer with her own retail store. She seemed to have it all but when a close

## Designing success

1. Define what success means to you and use it as the foundation for your business.
2. Always focus your energy on the product/service you offer that brings you the largest profit margin and let everything else come to you.
3. Automate your business as much as possible and give yourself the freedom to enjoy your success.
4. Finance as much as you can on your credit card, pay it off on time while building your credit and make sure to collect all the travel miles to cover your travel expenses. (This trick saves me thousands of dollars every year on interest and travel.)
5. Never stop learning and growing ... you and your business must change and evolve with the world around you.

friend was diagnosed with brain cancer, Kroe took stock of her own life.

"I sat there and thought, 'I'm so busy I can't even take my kids to Disneyland.'"

Diane did some soul searching and then came up with a new plan. She gave up her store and began hosting fashion trunk shows across Canada. She will expand

internationally soon with on-line shopping.

Becoming automated and hiring the right people are the keys to her new success.

"I think a lot of entrepreneurs are stuck being in control of everything. Find the right people, train them and then let go. I can't believe I wasn't doing this ten years ago."

# Learn how to stand out in a sea of applicants

**JULIA WEST**  
Metro World News in New York

Job fairs are crowded conventions that are swelling with people who want the same position you do. It's easy to get lost in the mix and become just another average applicant.

If you're going to take the

time to attend one of these events, you need to be prepared with a bag of tricks to help you stand out from the crowd.

Do your research first, and learn about the companies and the open positions. Then develop a plan of action.

"Going into the event with a strategy will ensure you talk with and meet those organizations you are most interested in," says Andrea St. James, career counselor at Western New England University. "Without a strategy, you may miss a company or opportunity to gain valuable contacts."

If you can map out which companies you want to speak with, you will be able to better utilize your time.

## Preparation is paramount

### Don't forget that resumé

- A job fair is like a regular interview, and you should be prepared with paperwork, be professionally dressed and ready to be offered a job on the spot.

Be realistic about the amount of time you have — it won't be much.

"Prepare your elevator pitch — who are you, what experiences you have, what motivates you, what makes you unique — and practice it.

## Quoted

**"Without a strategy, you may miss a company or opportunity to gain valuable contacts."**

Andrea St. James,  
Western New England University



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Tennis

## Djokovic makes it two in a row in Toronto

Novak Djokovic won his second straight Rogers Cup title and third overall with a 6-3, 6-2 victory over Richard Gasquet of France on Sunday night.

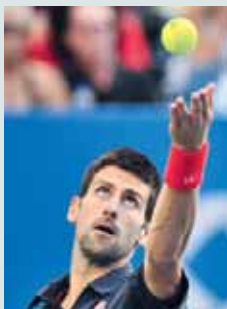
It's the top-seeded Serbian's first title since winning the ATP Masters in Miami four months back and comes exactly a week after losing a bronze-medal match at the London Games.

The victory came under clear skies at Rexall Centre in Toronto after a week of frustrating rain disruptions that forced Djokovic, among other players, to play twice on Friday and late into Saturday night.

Despite the win, he will remain ranked second in the world behind Roger Federer, who pulled out of the tournament because of a scheduling crunch with the Olympics.

Gasquet, the 14th seed at the tournament, was making his first Masters 1000 finals appearance since losing to Federer in Toronto in 2006. He's now lost to Djokovic in seven of their last eight meetings.

THE CANADIAN PRESS



Novak Djokovic serves in Toronto on Sunday. THE CANADIAN PRESS



Rory McIlroy of Northern Ireland celebrates after putting on the 18th green on Sunday at Kiawah Island, S.C. ANDREW REDINGTON/GETTY IMAGES

# McIlroy tears one-hit wonder tag asunder

**Golf.** Irish star, 22, claims second major title with dominant win at PGA championship

Right down to his red shirt, Rory McIlroy looked every bit the part of golf's next star in another commanding performance at the PGA Championship.

McIlroy validated his record-setting U.S. Open win last year by blowing away the field Sunday at Kiawah Island in South Carolina. One last birdie from 25 feet on the 18th hole gave him a six-under 66 for an eight-shot victory, breaking the PGA Championship record for margin of victory that Jack Nicklaus

set in 1980.

"It was a great round of golf. I'm speechless," said McIlroy after hoisting the Wanamaker Trophy, the heaviest of the four majors. "It's just been incredible. I had a good feeling about it at the start. I never imagined to do this."

The 23-year-old from Northern Ireland returned to No. 1 in the world, and he became the youngest player since Seve Ballesteros to win two majors. Tiger Woods was about four months older than McIlroy when he won his second major.

Just like the U.S. Open, this one was never seriously in doubt.

McIlroy seized control with back-to-back birdies Sunday morning to complete the

## By the numbers

8

Rory McIlroy also won last year's U.S. Open by eight shots.

storm-delayed third round with a 67 and build a three-shot lead. No one got closer than two shots the rest of the way, and McIlroy closed out a remarkable week by playing bogey-free over the final 23 holes of a demanding Ocean Course.

David Lynn, a 38-year-old from England who was playing in America for the first time, won the B-flight. He closed with a 68 and was the runner-up.

Woods, who shared the 36-hole lead for the second time this year in a major, was never a serious contender. He tossed away his chances Saturday before the storm blew in and never could get closer than four shots. He closed with a 72.

If there was a signature shot for McIlroy at Kiawah Island, it might have been on Saturday when his tee shot lodged into a tree on the third hole. He only found it with help from the TV crew, took his penalty shot and fired a wedge into six feet to save par. He was on his way, and he never let up.

By winning the PGA Championship, McIlroy is halfway home to the career Grand Slam.

THE ASSOCIATED PRESS

## CFL. Eskimos' Prude discharged from hospital

Edmonton Eskimos defensive back Ronnie Prude has been released from hospital after being taken off the field in an ambulance on Friday wearing a neck brace.

Prude was injured in the third quarter of Edmonton's 28-20 win over Saskatchewan after lowering his head to make a hit on Roughriders receiver Terence Jeffers-Harris.

Prude remained motionless on the field for several minutes before medical personnel put a neck brace on him and placed the player on a stretcher and into an ambulance that was brought on to the field.

He was immediately taken

## Playing status

- Eskimos general manager says Prude's "playing status this week will be determined by our medical and coaching staffs."
- Edmonton will host Montreal on Friday night.

to hospital for evaluation but the good news was Prude could be seen moving his feet while receiving medical treatment on the field and did move his arms as he was being placed into the ambulance. THE CANADIAN PRESS

## NFL

## Luck wastes no time in tossing first touchdown

The Colts got Luck in the NFL draft, and on Sunday's first offensive play, they got lucky again.

No. 1 overall draft pick Andrew Luck threw his first NFL pass for a long touchdown, just like Peyton Manning in 1998, then led Indianapolis to two more touchdowns. Luck one-upped his predecessor by winning Sunday's pre-season opener 38-3 over St. Louis — Indy's first pre-season-opening win since 1994.

THE ASSOCIATED PRESS

## CFL. Argos give top rusher Boyd his walking papers

Leading the CFL in rushing wasn't enough to save Cory Boyd's job with the Toronto Argonauts.

The Argos made the announcement Sunday that they had released the tailback. Sophomore Chad Kackert, who has spent most of the season on the practice roster as a backup, replaces Boyd in the starting lineup.

What made the move so stunning was Boyd had run for a league-high 447 yards this season. He was on pace to end the year with over 1,300 yards.

But after rushing for 168 yards and a TD in a 36-27 loss to Hamilton on July 14, the 27-year-old Boyd had run for

## Quoted



"Cory certainly did a lot of good things this year ... but there's more to playing tailback than numbers."

Argos head coach Scott Milanovich

130 yards combined over his last three contests, including just 23 yards on eight carries in Toronto's 18-9 home loss to B.C. on Aug. 6.

THE CANADIAN PRESS

## Mobile sports



Forget the medal standings. Britain is the big winner at these Olympics with huge crowds lining glorious backdrops and athletes draped in the Union Jack. Canada's storyline is somewhat more complicated, however. Somewhere between Switzerland and Colombia, depending on how you rate success. Scan the code for the story.

4 SPORTS



The captain of Canada's women's soccer team, Christine Sinclair of Burnaby, B.C., was named the flag bearer for the closing ceremony on Sunday at the Canadian Olympic Committee closing press conference for the London Games. NEIL DAVIDSON/THE CANADIAN PRESS

# Canadian Olympians give Games thumbs up

**London 2012.** Glowing reviews for organizers thanks to few issues and fair weather

The reviews are in and they're overwhelmingly positive.

Boosted by co-operative weather and few logistical, food and travel issues, several prominent Canadian athletes gave a big thumbs up to the London Games as the Olympics came to a close Sunday.

"It's been perfect," said Canadian soccer star Christine Sinclair. "No issues, the people are so friendly, everything has been so organized. It's been tremendous."

Sinclair was named Canadian flag-bearer after guiding the national women's

## Quoted

"We're happy we were here and we're proud to represent our country. And I couldn't be more proud to be Canadian, that's for sure." *Kayaker Ryan Cochrane*

team to a bronze medal. She also competed for Canada at the 2008 Games in Beijing.

The intense humidity, heat and smog that were a constant in China four years ago were not a problem in England. There were some showers from time to time but fears that this would be one of the soggiest Games in history were not realized.

Athletes raved about the location of the Olympic Village, which was close to a large shopping mall, Olympic Park and several of the venues. Language, cultural differences and unfamiliar food were much less chal-

lenging compared to some of the hurdles in Beijing and at the Athens Games in 2004.

Kayaker Adam van Koeverden, who took the silver in the K-1 1,000 metres, has won medals at the last three Olympics. He said the 2012 Games were "fantastic."

"My eyes were wide open the whole time," he said. "I was just taking it all in. I'm very cognizant of the fact there are fewer great races ahead of me than there are behind me. I'm just looking forward to every single one. I want to soak them all in."

"I've got awesome memories."

His teammate Ryan Cochrane competed with Hugues Fournel in the K-2 200 and K-2 1,000 metres. Cochrane wasn't sure what to expect at the start of his first Games.

"It's just another race when you're here but everything else is kind of overwhelming — in a good way, most definitely," he said.

Many athletes raved about the team culture that pervaded the Olympic Village and Canada Olympic House, which was home to medal celebrations throughout the Games.

"As an experience on its own, it has been wonderful," said triathlete Simon Whitfield, who competed in his fourth Games. "London has done an incredible job. I had a huge disappointment in my race but every other moment has been amazing in London." *THE CANADIAN PRESS*

## Canada matches 2008 medals

Memorable moments, yes, but Canada's overall performance at the London Olympics was unexceptional.

The same number of medals won as 2008 with fewer gold and silver, while falling just outside the goal of a top-12 finish in the overall medal count was a lukewarm outcome.

That doesn't diminish the

feats of Canada's medallists in London. On the biggest stage in sports, they rank among the world's best.

Eighteen medals put Canada 13th in the overall medal count, two behind Hungary and the Netherlands, who were tied for 11th. Canada finished with one gold, five silver and a dozen bronze.

The country won three

gold, nine silver and six bronze at the 2008 Games to finish tied for 14th in Beijing.

The lone gold medal in 2012 is the fewest for Canada at a Summer Olympics since 1976, when the host country won zero in Montreal. Canada was the only country in the top 25 with fewer than two gold medals.

*THE CANADIAN PRESS*

## Weekend in pictures



### 1 **4x100 relay.** Heartbreak for Canadian sprinting team

A single misplaced step cost Canada a bronze medal in one of the marquee events at the Olympics on Saturday. The Canadian team was disqualified from the final of the men's 4x100-metre relay after third-leg runner Jared Connaughton of New Haven, P.E.I., stepped on the line. Jamaica won gold in a world-record time of 36.84 seconds, the United States took silver in 37.04 and Trinidad and Tobago won bronze after Canada's disqualification. *THE CANADIAN PRESS*

### 2 **Soccer.** Mexico pulls off gold-medal stunner vs. Brazil

Mexico didn't need its top stars, the home crowd or rich tradition to win the Olympic gold medal in men's soccer on Saturday. The North American country did it with a team few believed would be contending at the end, a team that stunned the heavily favoured Brazilians with a goal just 29 seconds into the final on its way to a 2-1 victory. *THE ASSOCIATED PRESS*

### 3 **Kayak.** De Jonge finishes strong Olympics for Canadian paddlers

Canadian kayaker Mark de Jonge won bronze in the K-1 200-metre race on Saturday.

Britain's Ed McKeever, silver medallist at the world championships last year and former world champion, won gold in 36.246. Saul Craviotto of Spain won silver in 36.540, ahead of the 28-year-old from Halifax in 36.657. *THE CANADIAN PRESS*

### 4 **Diving.** Britain's Daley steals show with bronze win

American David Boudia took gold in the men's 10-metre platform Saturday, winning by 1.8 points over Qiu Bo of China. Crowd favourite Tom Daley of Britain settled for third but he felt like a winner, claiming bronze on home soil.

*THE ASSOCIATED PRESS*



Marathon swimmer Richard Weinberger with his bronze medal on Friday. *THE CANADIAN PRESS*

# Americans rise past Spaniards to reclaim Olympic crown

**Basketball.** Superstars Durant, James provide enough offence to overcome another gold-medal challenge from Spaniards

This was no Dream Team. This was reality.

The gold medal was in doubt for the U.S. men's basketball team.

The Americans led Spain by only one point after three quarters, a back-and-forth, impossible-to-turn-away-from game that almost anyone would hope for in an Olympic final.

Especially, it turns out, the U.S. players.

"We knew it wasn't going to be easy. We didn't want it easy," LeBron James said. "A lot of teams have won gold easy. We didn't want it that way. We're a competitive team, and we love when it gets tight. That's when our will and determination kind of shows. It was the same way in '08."

Same result, too.

The Americans defended their title Sunday by fighting off another huge challenge from Spain, pulling away in the final minutes for a 107-100 victory and their second straight Olympic championship.

And, as in 2008, the star-studded Americans had to work for this one.

The London 2012 daily magazine proclaimed them

"the new Dream Team" in an article, but the real Dream Team never had a game like this 20 years ago in Barcelona. And if that means this group isn't worthy of the comparisons to Michael Jordan, Magic Johnson, Larry Bird and Co., the players had their own response.

"Everybody wants to make that comparison, but at the end of the day we're both wearing these," forward Kevin Love said, pulling on his gold medal. "That's pretty good."

## Gold-medal game

107	100
United States	Spain

Kevin Durant scored 30 points and James had 19 on a day he joined Jordan as the only players to win the NBA title, regular-season MVP, NBA

finals MVP and Olympic gold in the same year.

Pau Gasol scored 24 points and Juan Carlos Navarro had 21 for Spain.

U.S. coach Mike Krzyzewski, who has said he's retiring as national team coach after restoring the Americans to their place atop world basketball, emptied his bench in the final minute.

James stood with both arms in the air, then held Durant in a long hug before they came off the court.

## Quoted



"It was a good year. It was a great year for me as an individual. But this right here, it means more than myself.... It means everything to the name on the front."

LeBron James, who added a second gold medal to his resumé on Sunday, just a couple months after winning his first NBA championship.

The Americans, who insisted they were better than their 2008 version and even good enough to take a game from the 1992 Dream Team,

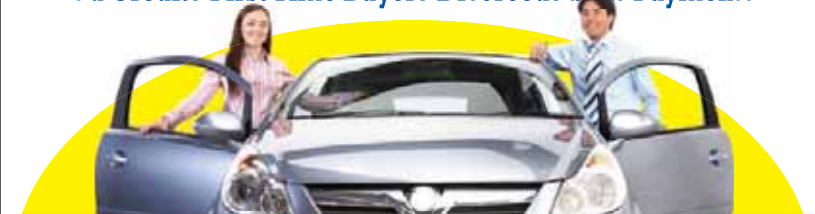
may not have been at that level.

Still, they were better again than Spain — though not by much. **THE ASSOCIATED PRESS**

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U.S. forward Kevin Durant dunks over Spain's Pau Gasol in the gold-medal game on Sunday in London. **ERIC GAY/THE ASSOCIATED PRESS**

# Canadian hits and misses in London

Canada didn't make gains on its performance in Beijing four years ago and backslid in terms of gold medals won. But there were still plenty of memorable moments. Here's a look at some of the Canadian contingent's highs and lows:

THE CANADIAN PRESS

Photos by The Canadian Press/Getty Images/The Associated Press

## The good



## Bouncing into history

Rosie MacLennan prevents a gold-medal shutout by winning women's trampoline. The 23-year-old will be one to watch in 2016.

## Paddlers pounce on podium opportunities

The swim and canoe/kayak teams led the way with one silver and two bronze medals each.



## Beautiful game before the bronze

Bronze aside, the women's soccer team produced the most memorable performance of the Olympics in defeat when they lost 4-3 in extra time to the U.S. in the semifinal.

## The bad

## Favourites falter on big stage

Current and former world champions Dylan Armstrong (shot put), Mary Spencer (boxing), Tara Whitten and Zach Bell (track cycling) and Catherine Pendrel (mountain bike) did not make the podium in individual events in London.

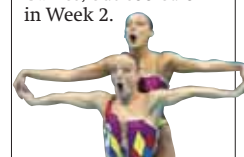


## Rules of subtraction

Disqualifications in track-and-field and equestrian did not help the cause. A seldom-used call by the referee in the women's soccer semifinal ultimately led to the tying goal for the U.S.

## Stinging near-misses

Canadians finished fourth six times. Canada was on pace for 20 with 10 medals at the halfway mark of the Games, but cooled off in Week 2.





Rosie MacLennan led Canada's youth movement at the London Olympics in bouncing to gold on the trampoline on Aug. 4. RONALD MARTINEZ/GETTY IMAGES

# Young athletes give sneak peek of Rio

## Optimism for 2016.

60 per cent of Team Canada's athletes in London made their Olympic debuts and plenty of them came up big, promising big things for Brazil.

Whether it was Rosie MacLennan bouncing to gold on the trampoline, or Derek Drouin soaring to bronze in the high jump, youth was an underlying theme in Canada's performance at the London Olympics.

The results bode well for Rio de Janeiro four years from now, where the curtain could come up on a whole new generation of Canadian stars.

"What was so exciting was the enthusiasm of the new people at the Olympic Games," said Mark Tewksbury, Canada's chef de mission. "That kind of energy was I think really what helped us be so relentless and be consistent through the

Games and get such a nice outcome at the very end."

More than 60 per cent of the athletes on the Canadian team were making their Olympic debuts, and plenty of them came up big, promising big things for Brazil.

MacLennan, a 23-year-old from King City, Ont., who worked as a volunteer at the 2010 Vancouver Winter Games, cemented her status as Canada's new trampoline star in London when she captured Canada's only gold medal.

Her Twitter followers exploded from 900 to more than 14,000.

Milos Raonic will be one to watch in Rio. The 21-year-old from Thornhill, Ont., played his way into the history books in his second-round loss to Jo-Wilfried Tsonga. It was the longest three-set tennis match in Olympic history, their third set alone lasting three hours.

Canada's track-and-field team had 35 Olympic rookies, and it was the young athletes

## Young studs

Other young Canadian athletes to keep an eye on:

- Paula Findlay, 22, triathlon (from Edmonton)
- Damian Warner, 22, decathlon (London, Ont.)
- Monique Sullivan, 23, track cycling (Calgary)

who shone. They included Drouin, a 22-year-old from Corunna, Ont., whose bronze was Canada's first medal in high jump since Greg Joy's silver at the 1976 Montreal Games.

Meanwhile, Richard Weinberger, a 22-year-old from Victoria, outduelled the reigning world champion over the final metres of the men's 10-kilometre marathon swim race, winning bronze in an event dominated by older athletes.

THE CANADIAN PRESS

## 'Living legend'

## Rogge gets heat over 'semantic issue'

IOC President Jacques Rogge wants to set the record straight: Usain Bolt is an "active" legend and the best sprinter ever.

Rogge raised eyebrows earlier this week when he said Bolt needed to prove his greatness over more than two Olympics before achieving his self-proclaimed status of

"living legend."

On Sunday, Rogge relented a bit and came up with a different wording for the six-time gold medalist.

"I mean this is purely a semantic issue," he said. "Let me finalize this issue as follows: To say that Usain Bolt is an active performance legend, he is an icon, he is the best sprinter of all time."

Bolt won the 100 and 200 metres at the London Olympics, becoming the first athlete to sweep both events at



Jacques Rogge  
GETTY IMAGES

consecutive games, and anchored the Jamaican team to a world record in the 4x100-metre relay.

After the relay, Bolt said: "The next time you see him (Rogge) I think you need to ask him what Usain needs to do that no human man has ever done." THE ASSOCIATED PRESS

## Final results

## MEDAL STANDINGS

Final following 302 total medal events				
Nation	G	S	B	Total
United States	46	29	29	104
China	38	27	22	87
Russia	24	25	33	82
Britain	29	17	19	65
Germany	11	19	14	44
Japan	7	14	17	38
Australia	7	16	12	35
France	11	11	12	34
South Korea	13	8	7	28
Italy	8	9	11	28
Netherlands	6	6	8	20
Ukraine	6	5	9	20
Canada	1	5	12	18
Hungary	8	4	5	17
Spain	3	10	4	17
Brazil	3	5	9	17
Cuba	5	3	6	14
Kazakhstan	7	1	5	13
New Zealand	5	3	5	13
Belarus	3	5	5	13
Iran	4	5	3	12
Jamaica	4	4	4	12
Kenya	2	4	5	11
Czech Republic	4	3	3	10
Azerbaijan	2	2	6	10
Poland	2	2	6	10

## WHAT CANADA DID

On the weekend at the 2012 London Olympics

## SUNDAY ATHLETICS

**Men's marathon** — Dylan Wykes of Kingston, Ont., completed the 42-kilometre circuit in two hours 15 minutes 26 seconds to place 20th; Eric Gillis, Antigonish, N.S., was 22nd (2:16:00); and Reid Coats, Hamilton, 27th (2:16:29).

## CYCLING (MOUNTAIN)

**Men's cross country** — Geoff Kabush of Courtenay, B.C., traversed the course in 1:30:43 to rank eighth — 71 seconds behind the bronze medalist; Max Plaxton, Victoria, did not finish.

## MODERN PENTATHLON

**Women** — Melanie McCann of Mount Carmel, Ont., placed 11th overall in the event with 5,180 points; Donna Vakalis, Toronto, was 29th (4,828).

## WRESTLING (FREESTYLE)

**Men's 66-kilogram class** — Haislan Garcia, Coquitlam, B.C., won his round-of-16 bout by points over Zalmikhan Yusupov of Tajikistan (2-0, 0-2, 2-0); was defeated in the quarter-finals by Tatsuhito Yonemitsu, Japan (0-1, 1-0, 5-0); then eliminated with a loss in the repechage to Livan Lopez Azcuy of Cuba (1-0, 0-1, 1-0).

**Men's 96-kilogram class** — Khetag Pliev, Toronto, won his opening match over Javier Cortina Lacerra of Cuba (0-2, 2-2, 1-0); lost to Jacob Varner, U.S., in the quarter-finals (1-0, 1-0); and fell short in the repechage round to Kurban Kurbanov of Uzbekistan (1-0, 4-1).

## CLOSING CEREMONIES

Christine Sinclair of Burnaby, B.C., who scored a tournament-best six goals — including all three in a 4-3 semifinal loss to the U.S. — in leading the women's soccer team to a bronze medal was chosen to carry the Canadian flag.

## OVERALL

The 2012 team finished with eighteen (one gold, five silver, 12 bronze) to match the third-most medals won by Canada in a summer games (Barcelona, 1992, and Beijing, 2008). Rosannagh MacLennan of King City, Ont., earned the gold medal in women's trampolining.

## SATURDAY

## ATHLETICS

**Men's 4x100 relay** — Canada (Gavin Smellie, Brampton, Ont.; Oluseyi Smith, Ottawa; Jared Connaughton, New Haven, P.E.I.; and Justyn Warner, Markham, Ont.) initially won the bronze medal in 38.07 seconds but was disqualified moments later when Connaughton was called for stepping on the lane marker.

**Men's 5,000** — Cameron Levins, Black Creek, B.C., finished in 14th place (13:51.87).

**Women's 20-kilometre race walk** — Rachel Seaman, Peterborough, Ont., placed 52nd in the event (1:37:36).

## CANOE/KAYAK

## CANOE

**Men's singles 200** — Jason McCoombs of Dartmouth, N.S., placed fifth in the B-final (44.973; 13th overall).

## KAYAK

**Men's singles 200** — Mark de Jonge of Dartmouth, N.S., won the bronze medal with a time of 36.657 in a race where the top six competitors finished within 0.584 seconds of each other.

**Men's doubles 200** — Ryan Cochrane, Windsor, N.S., and Emilie Fournel, Lachine, Que., were seventh in the final (35.396).

## CYCLING (MOUNTAIN BIKE)

**Women's cross country** — Catherine Pendl, Kamloops, B.C., was ninth (1:34:28); Emily Batty, Brooklyn, Ont., was 24th (1:40:37).

## DIVING

**Men's 10-metre platform** — Riley McCormick, Victoria, finished 11th in the final with a score of 493.35 points.

## TAEKWONDO

**Men's 80-plus kilograms** — Francois Coulombe-Fortier, Quebec City, failed to advance following a 11-6 loss in the quarter-finals to Daba Modibo Keita of Mali.

## WRESTLING (FREESTYLE)

**Men's 120-kilogram class** — Arjan Bhullar, Richmond, B.C., was eliminated after losing his round-of-16 match to Komeil Ghafari of Iran, by points (1-0, 1-0).

## BASKETBALL

## MEN

**Sunday's results**

**GOLD MEDAL**

United States 107 Spain 100

**BRONZE MEDAL**

Russia 81, Argentina 77

## WOMEN

**Saturday's results**

**GOLD MEDAL**

U.S. 86 France 50

**BRONZE MEDAL**

Australia 83 Russia 74

## SOCCER

## MEN

**Saturday's result**

**GOLD MEDAL**

Mexico 2 Brazil 1

## VOLLEYBALL

## MEN

**Sunday's results**

**GOLD MEDAL**

Russia 3, Brazil 2 (19-25, 20-25, 29-27, 25-22, 15-9)

**BRONZE MEDAL**

Italy 3, Bulgaria 1 (25-19, 23-25, 25-22, 25-21)

## WOMEN

**Saturday's results**

**BRONZE MEDAL**

Japan 3, South Korea 0 (25-22, 26-24, 25-21)

**GOLD MEDAL**

Brazil 3, United States 1 (11-25, 25-17, 25-20, 25-17)

## WATER POLO

## MEN

**Sunday's results**

**GOLD MEDAL**

Croatia 8 Italy 6

**BRONZE MEDAL**

Serbia 12 Montenegro 11

**FIFTH PLACE**

Hungary 14 Spain 8

**SEVENTH PLACE**

Australia 10 United States 9

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## Horoscopes

### Aries

**March 21 - April 20**

Someone you love will be a bit touchy today, and for no apparent reason. The good news is their negative attitude won't last long – in fact, by the time the sun goes down they will be all over you again.

### Taurus

**April 21 - May 21**

For some strange reason you are reluctant to make the kind of decision that usually comes so easily to you. You may not know why you are suddenly so timid but, for the moment, it's the right thing to be.

### Gemini

**May 22 - June 21**

Are you living beyond your means? If so today's lunar eclipse of Venus, planet of value, in the money area of your chart will help you see where you need to make savings. It shouldn't be too traumatic.

### Cancer

**June 22 - July 23**

There are times when your feelings build up to such an extent that you have to let them out, and such a time is now. Whether they come out in a positive or a negative way is though a matter of choice.

### Leo

**July 24 - Aug. 23**

Go easy on yourself today, especially if something does not work out the way you expected. It's not the end of the world – in fact if you analyze what happens you will make success next time more likely.

### Virgo

**Aug. 24 - Sept. 23**

You may be angry that you made a bad decision but you are human like everyone else, so don't be too hard on yourself. Use this setback to motivate yourself to try again. There's always a next time.

### Libra

**Sept. 24 - Oct. 23**

Venus, your ruler, is eclipsed by the moon today, which means you will have to make a conscious effort not to get emotional. Also, don't be judgmental when dealing with people whose way of life you don't approve of.

### Scorpio

**Oct. 24 - Nov. 22**

You will be confronted by some kind of injustice today and you will have to decide whether to get personally involved. Chances are you will. You just can't stand to see unfairness triumph.

### Sagittarius

**Nov. 23 - Dec. 21**

The planets warn that someone, somewhere is trying to deceive you. The fact that this is a person you trust implicitly makes the situation doubly dangerous. Be on your guard.

### Capricorn

**Dec. 22 - Jan. 20**

Where money is concerned there can be no room for sentiment or personal feelings today, because that will put you at a disadvantage. Whatever decisions you make they must be based on logic and common sense only.

### Aquarius

**Jan. 21 - Feb. 19**

Refuse to get upset if things don't go your way. Yes, of course, it's unfair that you are struggling when others have got it easy but these things run in cycles.

### Pisces

**Feb. 20 - March 20**

Don't give ground on an issue that is causing you a lot of grief because there is a principle at stake here. Others do not have the right to demand that you embrace their values. Remind them of that fact — loudly.

SALLY BROMPTON

## Crossword: Olio

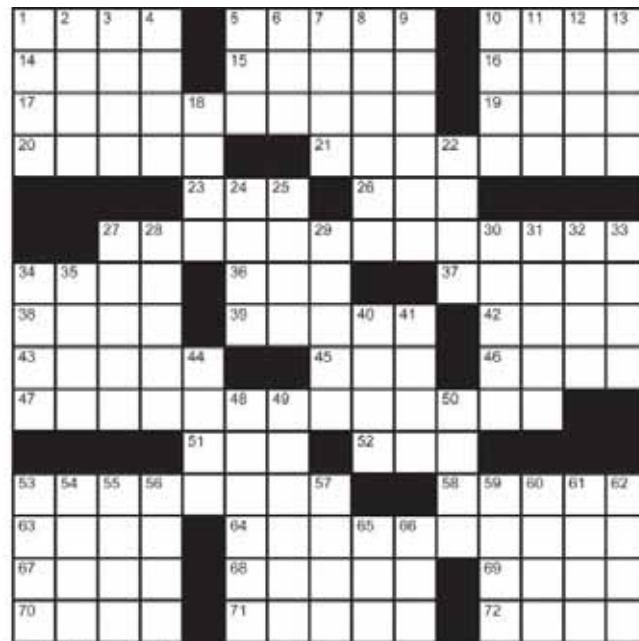
### Across

- Croat neighbor
- Deep-voiced opera singer
- Canadian force
- Industry mogul
- Emulate 39-Across
- "The low-priced spread"
- Montréal-based 2011 Juno Album of the Year winner (2 wds)
- See 39-Across
- Actor George who played Mr. Sulu on Star Trek
- It became a province in 1949, and quit having a separate name in 2001
- \_\_\_-mo: video effect
- Leading dye brand
- Montréal-born jazz pianist who wrote "Canadiana Suite" (2 wds)
- 30-day mo.
- Many a CEO's deg.
- Flour might go through it
- Adjective for babies and puppies
- With 19-Across, "Catch a Falling Star" singer, 1958
- Police crisis team acronym
- Operatic solos
- Also
- Slippery fish
- Montréal-born hockey great Maurice (2 wds)
- Wide shoe size
- [Help!]
- Annual Calgary event
- Online loan source
- Opera set on 61-Down

- Maritime Province (2 wds)
- Bird food
- Cuts with scissors, as a coupon
- Idiot
- Orson Welles's Citizen \_\_\_
- Barks
- Olympic fencer's weapon

### Down

- "Shoo!"
- Poet \_\_\_ Pound
- Adjustable oven feature
- Scottish hillside
- Letters used in dating
- Bark in the comics
- Make dirty
- "And what is \_\_\_ as a day in June?" (2 wds)
- 0 or 1 to a programmer (2 wds)
- Almond \_\_\_: toffee candy
- Blockhead
- Short note
- Destitute
- Computer storage
- These are found on maps: abbr.
- Rub one for a genii
- "Be he alive \_\_\_ he dead": "Fe Fi Fo Fum" (2 wds)
- Eye nerve
- Chateaubriand
- \_\_\_ Québécois
- Step part
- Did needlepoint
- Racetrack shape
- Takes home, as salary



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- Wound result, sometimes
- 100 cents, overseas
- Mythical birds
- National Park just across Alberta-BC border from Banff
- Barely flow
- Itsy-bitsy
- Decorated anew
- "Be with you in \_\_\_!"
- Alta. neighbor
- "\_\_\_ Yellow Ribbon Round the Ole Oak Tree" (2 wds)
- Mideast Gulf
- Fashioned
- Badness
- Be ominous
- On
- World's longest river

- Actress Hudson or Winslet
- "Killer" PC program
- Air leak sound

## Friday's crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

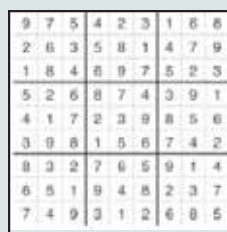


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku



## Weather

### TODAY



MAX: 26°  
MIN: 14°

### TUESDAY

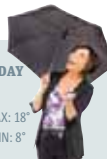


MAX: 18°  
MIN: 13°

### WEDNESDAY



MAX: 18°  
MIN: 8°



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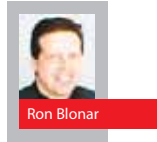
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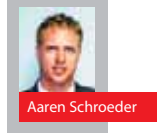
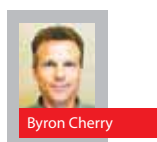
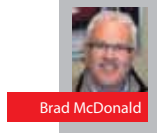
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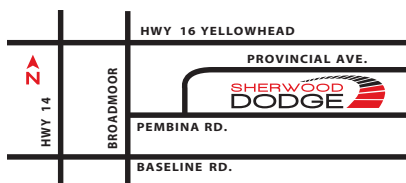
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